

Lois Thomson-Bowersock & Associates, LLC

1733 Woodstead Court, Suite 101

The Woodlands, Texas 77380

Phone: (281) 419-5255 Fax: (281) 419-5251



Local Support Groups and Meeting Calendar

Alcoholics Anonymous Meetings

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334	Serenity Group Noon, 6:00 pm 8:00 pm 281-292-8334
Safe Harbor Group Woman's Big Book Study 6:00 pm 832-326-6465	Safe Harbor Group Group Discussion 7:30 pm 832-326-6454	Safe Harbor Group Big Book Noon 832-326-6454	Safe Harbor Group Men's & Women's Discussion 7:00 pm 832-326-6454	Safe Harbor Group Open 7:30 pm 832-326-6454	Safe Harbor Group Women's Step Study 10:00 am 832-326-6454	Safe Harbor Group Step Study 7:00 pm 832-326-6454
TWUMC Open Noon 281-297-5953			Community Christian 7:00 pm 281-292-9264			
St. Simon & Jude Big Book 8:00 pm 281-363-0830						

Al-Anon Meetings

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
The Solution Group Stonebridge Church 10:00 am 281-814-8372	Safe Harbor Group Al-Anon/Teen 8:00 pm 281-367-8113	SoMCC Codependents Anonymous 6:30 pm 713-521-3180	SoMCC Friendship Mtg. 8:00 pm	TWUMC Open Noon 281-297-5953	Safe Harbor Group Alanon 10:00 am 832-326-6454	Safe Harbor Group ACoA 5:00 pm 281-298-5864
SoMCC Friendship Mtg. 6:30 pm	TWUMC Noon 281-297-5953					
SoMCC Men's Mtg, 8:00 pm	TWUMC Depression Bipolar Adolescents/Parents Group 6:15 pm 281-297-5953	TWUMC Nar-Anon 8:00 pm 281-297-5953				
Memorial Herman Grief Support Group 3:30 pm	TWUMC Depression Bipolar Adults Group 7:30 pm 281-297-5953	WoodsEdge Broken Chains 5:45- 7:00 pm 281-655-7114				

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Other Meetings

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Transformation Group for Teens Eating Disorder Kim Saltzman Suite 101, 1733 Woodstead Court 5:00 pm 281-419-5255 More</p>	<p>Metamorphosis Family Recovery Group Lois Bowersock Suite 101, 1733 Woodstead Court 6:30 pm 281-419-5255 More</p>	<p>Journey Recovery Group Addiction Recovery Lois Bowersock Suite 101, 1733 Woodstead Court 6:30 pm 281-419-5255 More</p>	<p>Restoration Group for Adults Eating Disorder Kim Saltzman Suite 101, 1733 Woodstead Court 7:00 pm 281-419-5255 More</p>			<p>Northwoods Unitarian Overeaters Anonymous 7:00 pm 281-292-5689</p>
<p>MC Women's Shelter Women's Survivors of Sexual Violence Noon 281-292-4155 ext 247</p>	<p>The Woodlands Fellowship Church Restoration Student Building 7:00 pm 936-321-3689</p>	<p>Cornerstone Teen & Family 7:30 pm 713-256-8649</p>	<p>Christ Church Lifeway USA Support Group 7:30 pm 713-270-6753</p>			
<p>Memorial Herman Grief Support Group 3:30 pm</p>	<p>TWUMC Depression Bipolar Adolescents/ Parents Group 6:15 pm 281-297-5953</p>	<p>TWUMC Nar-Anon 8 pm 281-297-5953</p>				
	<p>TWUMC Depression Bipolar Adults Group 7:30 pm 281-297-5953</p>	<p>WoodsEdge Broken Chains 5:45- 7:00 pm 281-655-7114</p>				

Contact Information

Meeting times are subject to change. Please confirm information prior to attendance.			
<p>Christ Church United Methodist 6363 Research Forest The Woodlands, TX 77381 713-270-6753</p>	<p>Northwoods Unitarian Universalist Church 1370 N. Millbend Drive The Woodlands, TX 77380 281-292-5689</p>	<p>Stonebridge Church Stonebridge Drive, Room A-208 The Woodlands, TX 77382 281-814-8372</p>	<p>The Woodlands Church Fellowship of the Woodlands Campus Dr. Paul Looney - Pastor One Fellowship Drive The Woodlands, TX 77384 281-321-3689</p>
<p>Community Christian Church 10801 Falconwing Dr. The Woodlands, TX 77381 281-782-8690</p>	<p>Safe Harbor Group Trinity Episcopal Church 3901 South Panther Creek Drive (Across from McCullough Jr. High) The Woodlands, TX 77381</p>	<p>St. Simon & Jude Catholic Parish 26777 Glenloch Drive The Woodlands, TX 77380 281-363-0830</p>	<p>The Woodlands United Methodist Church - TWUMC 2200 Lake Woodland Drive, Room D214 The Woodlands, TX 77380 281-297-5953</p>
<p>Lois Thomson-Bowersock & Associates, LLC 1733 Woodstead Court, Suite 101 The Woodlands, TX 77380 281-419-5255</p>	<p>Serenity Group #G, 990 Rayford Road Spring, TX 77386-2631 281- 292-8334</p>	<p>The Montgomery County Women's Center 1600 Lake Front Circle, #100 P.O Box 8669 The Woodlands, TX 77387-8669 281-292-4155 ext 247</p>	<p>WoodsEdge Community Church Bill & Debbie Posey 25333 Gosling Road Spring, TX 77389 281-655-7114</p>
<p>Memorial Herman The Woodlands Hospital 9250 Pinecroft The Woodlands, TX 77380 281-364-2521</p>	<p>South Montgomery County Community Center - SoMCC 2235 Lake Robbins The Woodlands, TX 77380</p>		